

# CIBC Run for the Cure

CANADIAN BREAST CANCER FOUNDATION

## Cowichan Valley Dragon Divas, Victoria BC

The Cowichan Valley Dragon Divas, a team comprised mainly of members from the Cowichan Valley Dragon Boat Breast Cancer Society, are also a non-profit society formed in January of 2003. Born out of a desire to actively promote Breast Cancer Awareness in the Cowichan Valley region of Vancouver Island, the group was formed by a group of breast cancer survivors. The group's values are fitness and fun, awareness, commitment, team work and support. As a result, each member is heavily involved with fundraising and awareness activities.

2008 saw the Cowichan Valley Dragon Divas participate in the Run for their sixth year in a row. With 30 members and almost \$4,000 raised, this incredible team provides tremendous support to the Canadian Breast Cancer Foundation, especially on Vancouver Island and promotes awareness and breast health every chance they get.



Over the years, they have arranged a number of very successful and creative fundraisers. Including golf tournaments, garage sales, car washes, raffles, hot dog sales and many other fun events. Team Captain, Carla Davies, who is also a breast cancer survivor, feels a deep connection the Run. The way she describes it, "Breast cancer has given me this purpose that I am passionate about. I thank the Foundation for the Run, for challenging us to continue the fight for our daughters and those we love and those we lost."